

Learning and upgrading your knowledge or skills throughout your lifetime can happen in many different ways. One of those are friendly, studioroom-based courses.

Continuous learning is a great way to remain active, exercise your body, and stimulate your mind. It not only improves your physical health, but also keeps your brain alert and memory sharp.

You may notice that lifelong learners are usually open-minded, curious, happier, and more socially and professionally engaged than others who may not pursue active learning opportunities.

As physical exercise contributes to physical health, learning contributes to mental and emotional wellness.

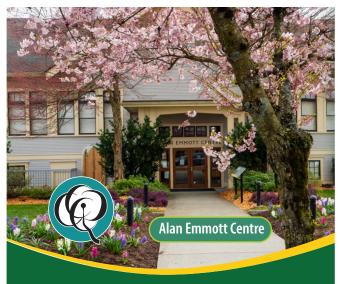
- It brings a sense of purpose and achievement.
- It brings people together and allows for social connections and friendships to form.
- It can keep our memories sharp and our brains alert.

Learn for Fun, Teach for Pleasure!

Our Instructors!

CCCR has been so fortunate to have experienced the generosity of a multitude of volunteer teachers over the years. From Ukelele, to Drawing and from Calligraphy to Desktop Basics we've never had a shortage of retired and kind human beings that have come forward to donate their time to our college.

Donations welcome. Tax receipt available.



Community Centred College for the Retired 6650 Southoaks Crescent. Burnaby



Bus - #119 stops at Kingsway & Sperling/Southoaks going both east & west.

Skytrain - Edmonds Station - connects with westbound #119 bus or it's a 10-15 min. walk to the College from the Edmonds Station.

Parking lot & on-street parking.

Ground level entrance, a "lift" for mobility.

We gratefully acknowledge the financial assistance of:













The College offers a variety of weekday, daytime classes

Including:

- Computers
- Photography on Smartphones & iPhones
- Social Media (iPad + Windows)
- Fine Art Drawing
- · Quilting, Sewing, Knitting, Crocheting
- Calligraphy
- Music (Piano, Ukulele)
- Genealogy
- Spanish, French, Hindi, Mandarin
- · Memories into Memoirs and more...
- Short Story
- Games (Bridge and Chess)
- Workshop and Discussion Classes too
- Thriving in the Third Stage of Life and more...

In-person registration begins April the 10th-11th, 2024.

Open 10:00 am – 2:00 pm Cheques preferred or Cash

We are looking for new and exciting classes and if you would like to volunteer to teach, please contact us or visit our website.

> www.cccrburnaby.org cccr@telus.net 604-517-8732



6650 Southoaks Crescent, Burnaby

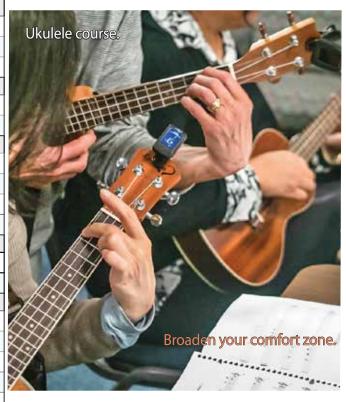
Cod	Level	Course	Description	Instructor	Day	Time	# Sessions	From - Till	Fees
		Art & Creativity							
A5	All	Quilt, Sew, Knit, Crochet	An encouraging handcrafting group	Group	F	9:00-1:15	10	Apr 19-Jun 21	\$100
A6	All	Calligraphy	Learn the art of calligraphy	H. Martin	TH	11:15-1:15	10	Apr 18-Jun 20	\$100
H1	All	NEW! Candle Making	New! Beeswax Sushi Candle Making	Cori	W	1:30-3:30	1	May 15	\$10
H2	All	NEW! Paper Quilling	New! Creating art w/papers	Cori	W	1:30-3:30	1	May 29	\$10
A8	Beg	Introduction to Drawing	Learn to draw with Arthur	A. Babiarz	W	1:30-3:30	8	Apr 17-Jun 5	\$80
		Computers							
C7	Beg	Spreadsheets for Daily Life	Computer w/Microsoft Excel 2007 or later	W. Postma	TH	1:30-3:30	8	Apr 18-Jun 6	\$80
iP6	Beg/Int	NEW! Video Editing w/iMovie on iPad	Must actively use iPad	G. Lemay	W	1:30-3:30	6	May 8-Jun 12	\$80
C10	Beg	NEW! Beginners Computing	Beginners Only Computer	A. Babiarz	W	9:00-11:00	8	Apr 17-Jun 5	\$80
		Photography							
C3a	Beg	Smartphone Photos	Must have iPhone or Smartphone	B. Daniel	F	11:15-1:15	4	Apr 19 -May10	\$40
C3b	Beg	Smartphone Photos	Must have iPhone or Smartphone	B. Daniel	F	11:15-1:15	4	May 17-Jun 7	\$40
СЗ	All	Historical Photos & Postcards	Learn about photo history & identification	D. Rogers	Th	11:15-1:15	1	Apr 18	\$10
		Genealogy							
G1	All	Finding Your Roots	Family History - First Steps	D. Rogers	F	1:30-3:30	1	Apr 19	\$10
G2	All	Genealogy	Intermediate/Adv. Research	D. Rogers	F	1:30-3:30	8	Apr 26-Jun 14	\$80
		Languages							
L2	Int	Spanish Conversation	Learn more Spanish	E. Zuniga	Th	9:00-10:30	8	Apr 18-Jun 6	\$80
L6	Beg	Beginner's Spanish	Learn Spanish	E. Zuniga	W	9:00-10:30	8	Apr 17-Jun 5	\$80
L8	Level 1 & 2	Mandarin	Learn Mandarin	M. Lo	W	11:15-1:15	8	Apr 17-Jun 5	\$80
L11	Beg	French	New! Practical Conversational French		Th	1:30-3:00	8	Apr 18-Jun 6	\$80
		Mental Wellness & Health							
B5	All	Alzheimer Series	New! Learn About Dementia	R.Tamang	W	1:30-3:30	3	Apr 17-May 1	\$15
B1	All	Thriving-3rd Stage of Life	New! Short lectures & plenty of discussion	Dr. S. Murphy	F	1:30-3:30	4	Apr 19-May 10	\$60
		Music							
M0	Beg	Beginner's Ukulele	No Experience Necessary	S. Miller	F	12:00-1:00	8	Apr 19-Jun 7	\$40
M1	Int	Intermediate Ukulele	MO or Another Ukulele Class Experience	S. Miller	F	9:30-10:30	8	Apr 19-Jun 7	\$40
M2	Adv	Advanced Ukulele	Know the basic chords and their relative	S. Miller	F	10:45-11:45	8	Apr 19-Jun 7	\$40
M7	Int	Int. Piano Appreciation Group	Piano Appreciation Group - Come practice,	Group	Th	TBA	8	Apr 18-Jun 6	\$80
M8	Int	Intermediate Piano	Intermediate Piano	M. Fraser	W	9:30-11:00	8	Apr 17-Jun 5	\$75
		Reading & Writing							
R5	All	Poetry	New! Understanding & Enjoying Poetry	P. Gibson	F	9-11:00	8	Apr. 19-Jun 7	\$80
R3	All	Memories Into Memoirs	Write your memoirs; share in class	J. Berkana	Th	1:30-3:00	4	Apr 18- May 9	\$40
		Social Games							
S3	Int	Mod. Stand. American Bridge	Come Play Bridge!	Group	W	11:15-1:15	8	Apr 17-Jun 5	TBA
Code	Level	Course	Description	Instructor	Day	Time	# Sessions	From - Till	Fees

CCCR

Courses Spring Semester 2024

For updates to the schedule after printed version; descriptions of courses and course supplies, please visit our website at:

www.cccrburnaby.org



On Facebook find us at:

Community Centred College for
the Retired, share our post and
like us.



Contact Us at: 694-517-8732 cccr@telus.net