



Watercolour studio

BENEFITS OF LIFELONG LEARNING

Learning and upgrading your knowledge or skills throughout your lifetime can happen in many different ways. One of those are friendly, studio-room-based courses.

Continuous learning is a great way to remain active, exercise your body, and stimulate your mind. It not only improves your physical health, but also keeps your brain alert and memory sharp.

You may notice that lifelong learners are usually open-minded, curious, happier, and more socially and professionally engaged than others who may not pursue active learning opportunities.

As physical exercise contributes to physical health, learning contributes to mental and emotional wellness.

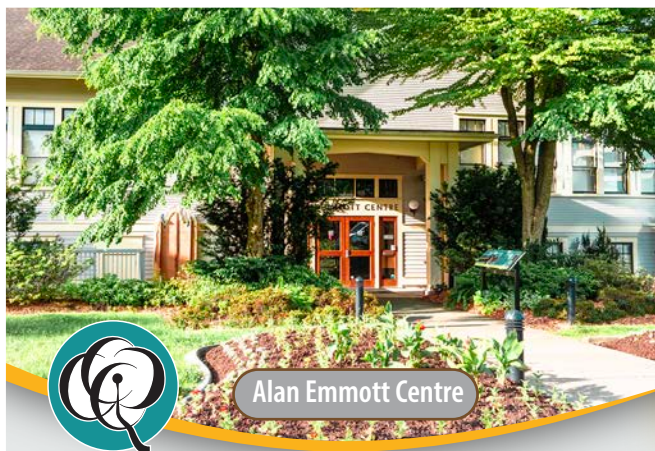
- It brings a sense of purpose and achievement.
- It brings people together and allows for social connections and friendships to form.
- It can keep our memories sharp and our brains alert.

Learn for Fun, Teach for Pleasure!

Our Instructors!

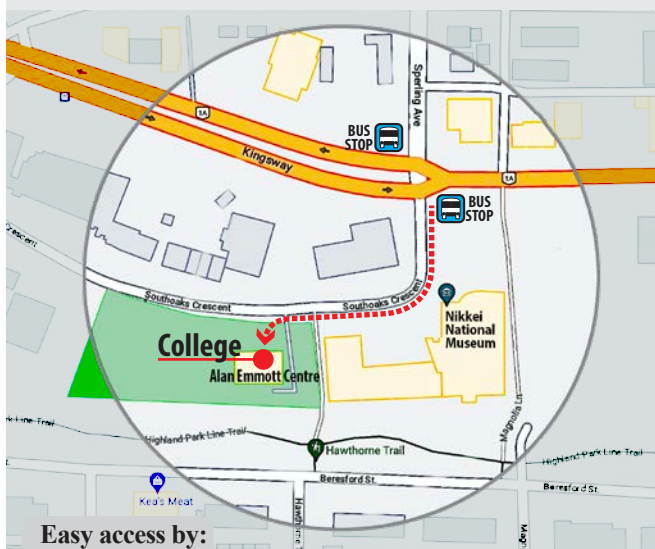
CCCR has been so fortunate to have experienced the generosity of a multitude of volunteer teachers over the years. From Ukelele, to Drawing and from Calligraphy to Desktop Basics we've never had a shortage of retired and kind human beings that have come forward to donate their time to our college.

Donations welcome. Tax receipt available.



Alan Emmott Centre

**Community College for the Retired
6650 Southoaks Crescent, Burnaby**



Easy access by:

Bus - #119 stops at Kingsway & Sperling/Southoaks going both east & west.

Skytrain - Edmonds Station - connects with westbound #119 bus or it's a 10-15 min. walk to the College from the Edmonds Station.

Parking lot & on-street parking.
Ground level entrance, a "lift" for mobility.

We gratefully acknowledge the financial assistance of:



**The College offers
a variety of weekday, daytime classes**

Including:

- Computers (Beginners, Spreadsheet, Internet)
- Photography on Smartphones & iPhones
- Social Media (iPad + Windows)
- Fine Art (Painting, Drawing)
- Quilting, Sewing, Knitting, Crocheting
- Calligraphy
- Music (Piano, Ukulele)
- Genealogy
- Spanish, French, German, Mandarin, Korean
- Memories into Memoirs and more...
- Short Story, Poetry
- Games (Bridge and Chess)
- AI for creative minds; Cyber Security
- Workshop and Discussion Classes too
- Film afternoon
- Thriving in the Third Stage of Life and more...

**In-person registration begins
September the 17th-18th, 2025.**

Open 10:00 am – 2:00 pm

Classes start Wed., Sept. 24th

Cheques preferred or Cash

We are looking for new and exciting classes and if you would like to volunteer to teach, please contact us or visit our website.

www.cccrburnaby.org

cccr@telus.net

604-517-8732

6650 Southoaks Crescent, Burnaby



CCCR Program Schedule - Fall /Sept-Nov/ 2025

Code	Level	Course Name	Course Description	Instructor	Day	Hours	# Sessions	Start	Fees
Art & Creativity									
A5	All	Quilt, Sew, Knit, Crochet	An Encouraging Handcrafting Group	Group	F	9:00-3:30	10	Sept. 26	\$100
A6	Int./Adv	Calligraphy-for any who've taken this class in the past	Explore Further the Art of Calligraphy	H. Martin	Th	11:00-1:00	10	Sept. 25	\$100
A8	Beg/Int	introduction to Drawing	Learn to Draw with Arthur	A. Babiarz	TH	1:30-3:30	8	Sept. 25	\$80
A12	Beg	Watercolours	Learn Watercolouring	J. Park	F	1:30-3:30	8	Sept. 26	\$80
A16	All	NEW! Acrylic Painting	Acrylic Painting Class	S. Yang	W	11:15-1:15	10	Sept. 24	\$100
Computers & More									
iP1	Int./Adv	NEW! iPhone Photography & Beyond	Unleash your iPhone Images	G. Fraser and B. Daniels	Th	11:15-1:15	6	Sept. 25	\$60
C10	Beg	NEW! Beginners Computer	Beginners only Computer	A. Babiarz	W	9:00-11:00	8	Sept. 24	\$80
Photography									
C12	All	Historical Photographs	Photos - History, Analysis & Preservation	D. Rogers	W	11:15-1:15	3	Oct. 1	\$30
Genealogy									
G1	All	Finding Your Roots	Family History - First Steps	D. Rogers	Th	1:30-3:30	1	Oct. 2	\$10
G2	All	Genealogy	Intermediate / Adv. Research	D. Rogers	Th	1:30-3:30	8	Oct. 9	\$80
Languages									
L1	Beg	Spanish - Level 1	Start Learning Spanish!	TBD	W	1:30-3:30	8	Oct. 8	\$80
Mental Wellness & Health									
D1	All	NEW! Digital Citizenship	Your 20-point Cyber Safety Checkup	L. A. Davies	W	1:30-3:30	2	Sept. 24	\$30
D2	All	NEW! Digital Citizenship	Using GenAI for Non-technical but Curious People	L. A. Davies	W	1:30-2:30	1	Oct. 1	\$15
T1	All	Metro Vancouver Crimestoppers	Seniors' Safety Seminar	MVCS	TBD	TBD	TBD	TBD	Free
B7	All	NEW! Mental Wellness	Build New Habits	M. Wu	W	1:30-3:30	8	Sept 24	\$80
Music									
M0/1	Beg 1	Beginner's Ukulele 1	No Previous Musical Experience	S. Miller	F	12:00-1:00	10	Sept. 26	\$50
M0/2	Beg 2	Beginner's Ukulele 2	Must Read Music & Know Scales & Chords	S. Miller	F	11:00-12:00	10	Sept. 26	\$50
M1	Int	Ukulele Jam	Basic Chords and Songs	S. Miller	F	9:00-10:00	10	Sept. 26	\$50
M2	Adv	Advanced Ukulele	Level 1 Requirement or Experience	S. Miller	F	10:0-11:00	10	Sept 26	\$50
M7	Int	Int. Piano Appreciation	Piano Appreciation Group	Group	Th	11:15-1:15	10	Sept 25	\$50
M8	Int	Intermediate Piano	Intermediate Piano	S. Miller	W	9:00-10:30	10	Sept 24	\$75
Reading, Writing & Discussion									
R3	All	Memories Into Memoirs	Write your memoirs; share them in class	J. Berkana	Th	1:30-3:30	8	Oct 2	\$80
Social Games									
S3	Int	Mod. Stand. American Bridge	Come Play Bridge!	Craig T. Wilson	W	11:15-1:15	8	Sept 24	\$80
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For the latest schedule updates, see our website: www.cccrburnaby.org

CCCR

Courses Fall Semester 2025

For updates to the schedule after printed version; descriptions of courses and course supplies, please visit our website at:

www.cccrburnaby.org



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On Facebook find us at:
Community Centred College for the Retired, share our post and like us. 👍

