



BENEFITS OF LIFELONG LEARNING

Learning and upgrading your knowledge or skills throughout your lifetime can happen in many different ways. One of those are friendly, studio-room-based courses.

Continuous learning is a great way to remain active, exercise your body, and stimulate your mind. It not only improves your physical health, but also keeps your brain alert and memory sharp.

You may notice that lifelong learners are usually open-minded, curious, happier, and more socially and professionally engaged than others who may not pursue active learning opportunities.

As physical exercise contributes to physical health, learning contributes to mental and emotional wellness.

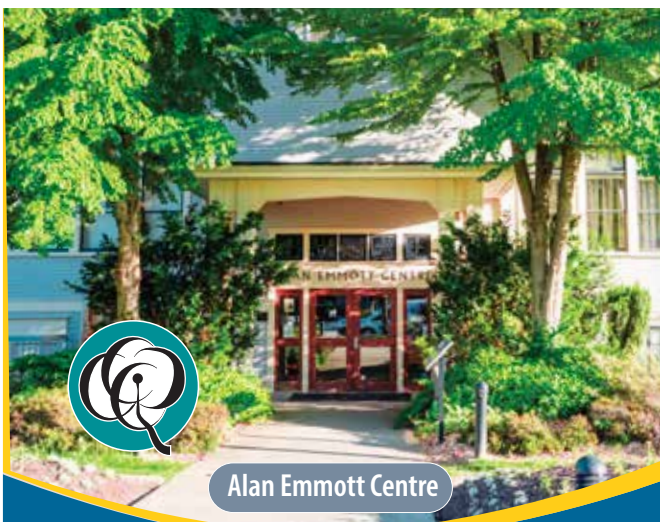
- It brings a sense of purpose and achievement.
- It brings people together and allows for social connections and friendships to form.
- It can keep our memories sharp and our brains alert.

Learn for Fun, Teach for Pleasure!

Our Instructors!

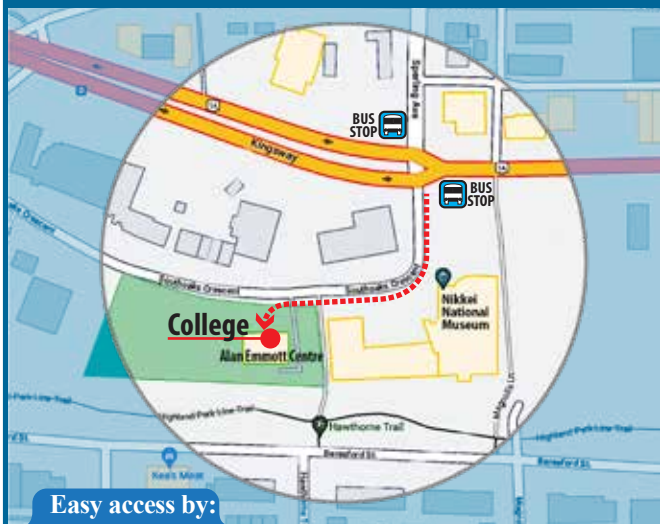
CCCR has been so fortunate to have experienced the generosity of a multitude of volunteer teachers over the years. From Ukelele, to Drawing and from Calligraphy to Desktop Basics we've never had a shortage of retired and kind human beings that have come forward to donate their time to our college.

Donations welcome. Tax receipt available.



Alan Emmott Centre

**Community Centred College for the Retired
6650 Southoaks Crescent. Burnaby**



Easy access by:

Bus - #119 stops at Kingsway & Sperling/Southoaks going both east & west.

Skytrain - Edmonds Station - connects with westbound #119 bus or it's a 10-15 min. walk to the College from the Edmonds Station.

Parking lot & on-street parking.

Ground level entrance, a "lift" for mobility.

We gratefully acknowledge the financial assistance of:



COURSES for SENIORS 50+



FALL 2024

Community Centred College for the Retired

The College offers a variety of weekday, daytime classes
Including:

- Computers (Beginners, Spreadsheet, Internet)
- Photography on Smartphones & iPhones
- Social Media (iPad + Windows)
- Fine Art (Painting, Drawing)
- Quilting, Sewing, Knitting, Crocheting
- Calligraphy
- Music (Piano, Ukulele)
- Genealogy
- Spanish, French, German, Mandarin, Korean
- Memories into Memoirs and more...
- Short Story, Poetry
- Games (Bridge and Chess)
- Workshop and Discussion Classes too
- Thriving in the Third Stage of Life and more...

**In-person registration begins
September the 18th-19th, 2024.**

Open 10:00 am – 2:00 pm

Classes start Wed., Sept. 25th.

Cheques preferred or Cash

We are looking for new and exciting classes and if you would like to volunteer to teach, please contact us or visit our website.

www.cccrburnaby.org
cccr@telus.net
604-517-8732



6650 Southoaks Crescent, Burnaby

Code	Level	Course	Description	Instructor	Day	Hours	# Sessions	Start	Fees
Art & Creativity									
A5	All	Quilt, Sew, Knit, Crochet	An encouraging handcrafting group	Group	F	9:00-3:30	10	Sep. 27	\$100
A6	All	Calligraphy	Learn the art of calligraphy	H. Martin	TH	11:15-1:15	10	Sept 26	\$100
A8	Beg	Introduction to Drawing	Learn to draw with Arthur	A. Babiarz	W	1:30-3:30	8	Sept. 25	\$80
Computers									
IP1	Int	More iPad Fun!	Review basics; learn how to use new & exciting features.	Gus Fraser	Th	11:15-1:15	8	Sept 26	\$80
iP6	Beg/Int	Video Editing w/iMovie on iPad	Must actively use iPad	NEW! G. Lemay	W	1:30-3:30	6	Sept 25	\$80
C10	Beg	NEW! Beginners Computer	Beginners Only Computer	A. Babiarz	W	9:00-11:10	8	Sept 25	\$80
C12	Beg	NEW! Intro to Canva	Learn to use Canva for social media, posters, albums & more	D. Rogers	Th	9:00-11:00	4	Oct 17	\$40
Photography									
C3a	Beg	Smartphone Photos	Must have iPhone / Smartphone	B. Daniel	F	11:15-1:15	4	Sept 27	\$40
C3b	Beg	Smartphone Photos	Must have iPhone / Smartphone	B. Daniel	F	11:15-1:15	4	Oct 25	\$40
Genealogy									
G1	All	Finding Your Roots	Family History - First Steps	D. Rogers	F	1:30-3:30	1	Sept 27	\$10
G2	All	Genealogy	Intermediate / Adv. Research	D. Rogers	F	1:30-3:30	8	Oct 4	\$80
Languages									
L2	Int	Spanish Conversation	Learn more Spanish	E. Zuniga	Th	9:00-10:30	8	Sept 26	\$80
L6	Beg	Beginner's Spanish	Learn Spanish	E. Zuniga	W	9:00-10:30	8	Sept 25	\$80
L14	All	NEW! Spanish for Travel	Be ready for your next trip!	E. Zuniga	Th	11:15-1:15	8	Sept 26	\$80
L8	Level 1&2	Mandarin	Practise conversation & simple sentence structures.	M. Lo	W	11:15-1:15	8	Sept 25	\$80
L9	Beg	Elementary Hindi Speech	Learn to speak elementary Hindi	Mahesh	W	9:00-11:15	8	Sept 25	\$80
Mental Wellness & Health									
B5	All	NEW! Emergency Preparedness	Preparedness for Individuals. Checklists & giveaways.	City of Burnaby Community Safety	W	1:45-3:30	1	Oct 2	\$15
Music									
M0	Beg	Beginner's Ukulele	No Experience Necessary	S. Miller	F	12:00-1:00	8	Sept 27	\$40
M1	Int	Intermediate Ukulele	MO or Another Ukulele Class Experience	S. Miller	F	9:30-10:30	8	Sept 27	\$40
M2	Adv	Advanced Ukulele	Level 1 Requirement or Experience	S. Miller	F	10:45-11:45	8	Sept 27	\$40
M7	Int	Int. Piano Appreciation	Piano Appreciation Group	Group	Th	11:10	8	Sept 26	\$80
M8	Int	Intermediate Piano	Intermediate Piano	M. Fraser	Th	9:30-11:00	8	Sept 25	\$75
Reading, Writing & Discussion									
R10	All	NEW! Film Afternoons	View & discuss films in a comfortable atmosphere	Group	W	1:30-3:30	4	Oct 9	\$40
R3	All	Memories Into Memoirs	Write your memoirs; share them in class	J. Berkana	Th	1:30-3:00	8	Sept 26	\$80
Social Games									
S3	Int	Mod. Stand. American Bridge	Come Play Bridge!	Craig T Wilson	W	11:15-1:15	8	Sept 25	\$80
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CCCR

**Courses
Fall Semester
2024**

For updates to the schedule after printed version; descriptions of courses and course supplies, please visit our website at: www.cccrburnaby.org



Broaden your comfort zone

On Facebook find us at: **Community Centred College for the Retired**, share our post and like us. 👍

